



**SOUTH BOSTON
CATHOLIC ACADEMY**
FAITH • FAMILY • ACADEMIC EXCELLENCE

A Day in the Life of a K0 Student

8:00-8:15: Students arrive, unpack and sit on the rug

8:15-8:45: Morning meeting which consist of: Attendance, Morning Prayer, The Pledge of

Allegiance, classroom jobs, calendar and weather

8:45-9:30: Bathroom, outside time (weather permitting) or SWPL (songs, word play and letters)

9:30-10:15: Read aloud, Opening the World to Learning (OWL) and Building Blocks centers

(centers vary weekly)

10:15-10:30: Small groups (small groups vary weekly)

10:30-11:00: Specials and/or Religion (I Am Special Religion Series)

(Students participate in Physical Fitness, Yoga, STEM, Music, Spanish, Social Emotional Learning, Art and Library)

11:00 -11:30: Snack (half day program dismissal @11:30)

11:30-12:30: Story, bathroom, quiet/rest time

12:30-1:30: Lunch, bathroom, circle time

1:30-2:00: Free play

2:00-2:15: Clean up, pack up, afternoon prayer, dismissal

